



North East Anti-Racism Coalition

Signposting individuals who are experiencing race hate and or who are suffering from trauma caused by racism.

Connected Voice Hate Crime Advocacy Service Offers advocacy and support for adults (16+) affected by hate crime, including racial hate crime, across Newcastle, Gateshead, Sunderland, North/South Tyneside, and Northumberland. They can help with reporting incidents and accessing other services.

- **Angelou Centre** This Newcastle-based organisation provides support to ethnically marginalised women and children, offering a range of services including support for victims of violence and abuse.
- **Streetwise Young People's Project** Provides practical and emotional one-to-one counselling and group support for young victims of crime (aged 11-25), including hate crime, in the North East.
- **Riverside Community Health Project** Offers a range of health-related services and support for the local diverse communities in Newcastle's West End.
- **Tyneside and Northumberland Mind** While providing general mental health support, they are an anti-racist organisation committed to addressing all forms of prejudice and discrimination. Their "Solace Project" specifically supports the mental health of refugees and asylum seekers, many of whom have experienced trauma.

National Organisations with North East Links

- **Stop Hate UK** A national charity with a presence in Newcastle that provides an independent and confidential 24-hour helpline for victims and witnesses of hate crimes, including those related to race.
- **Victim Support / Victims First Northumbria** Offers free, confidential emotional and practical support to victims of crime and traumatic events across the Northumbria area.

National Specialist Resources

These national organisations may not have physical North East branches but offer valuable culturally competent resources and directories:

- **BAATN (The Black, African and Asian Therapy Network)** Provides a directory of therapists from Black, African, and Asian backgrounds who have expertise in culturally related issues.
- **Mind** Their website offers comprehensive information on racism and mental health, including a list of helplines and organisations offering tailored support for different ethnic minority communities across the UK.
- **Tell Mama** A confidential support service for those who experience anti-Muslim hatred and prejudice across the UK.
- **On Your Side** A support and reporting service for individuals in the UK who identify as East and Southeast Asian and have experienced racism or hate.
- **Black Health Initiative (BHI)** Offers a confidential counselling service with culturally competent therapists for African, African Caribbean, and dual-heritage adults and young people.

If you are in a crisis right now, you can call the Samaritans on **116 123** or free emotional support at any time. For direct access to mental health services through the NHS, you can find more information on the [NHS website](#).

Our Planning group members and contracted consultants will be attending **brap** training and Hate Crime Champion training to equip themselves with knowledge and skills to support and signpost anyone facing race hate/crime.